# Course Overview

# **Safety Harness Awareness**

Number of Candidates: 1 - 10

Course Duration: ½ day

**Course Outcome: Certificate** 

#### Introduction

This course is designed for operatives who may require fall arrest protection.

## **Aims & Objectives**

To course aims to provide operatives with a thorough understanding of the need for safety, the legislation and dangers associated with work that may require the need for a safety harness, and to enable operatives to use harnesses safely and correctly in conjunction with ladders and steps.

#### **Course Delivery**

This course combines classroom-based tutorials with practical exercises and group discussions.

#### Location

The course can take place at ITS PLANT TECH or can be delivered on your premises or a location suitable for you.

#### Certification

ITS Plant Tech Ltd accredited certificate

# **Candidate Eligibility/Entry Requirements**

It is important that all candidates have a good understanding of spoken and written English.

### **Additional Information**

Candidates should bring appropriate PPE. For training held at your own premises please ensure you can accommodate the number of operatives and provide a training room.



## **COURSE PROGRAMME**

The Safety Harness Awareness Course covers the following:

- Legislation relevant to the use of safety harnesses
- Risk Assessment
- Prevention of falls
- Fall Arrest Systems
- Safety Awareness including practical exercises
- Organisation and planning regarding the correct use of safety harness equipment

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