

First Aid at Work (Requalification)

Duration: 2 Days (12 hours)

Course Content

This course content, syllabus and assessment criteria are the same as the three-day course, however due to the learners being previously qualified you will be able to deliver the same syllabus and assess the course in reduced time.

The learner will be able to:

- Demonstrate CPR on an Adult, Child and Baby
- Demonstrate using a defibrillator
- Recognise a Casualty choking
- Manage External Bleeding
- Monitor a Casualty in Shock
- Demonstrate the Recovery Position
- Conduct a Secondary Survey
- Provide First Aid for Casualties with Bone or Muscle Injury
- Treat a Casualty with Chest Pains
- Know how to deal with a Scald and Burns
- Provide First Aid for Casualties with an Eye Injury

For all RLSS UK First Aid qualifications, learners **MUST** be 16 years of age at the completion of the final assessment.