



Defibrillator

Duration: 4 hours (1/2 day)

Course Content

Basic Life Support Skills Use of an Automated External Defibrillator according to Resuscitation Council (UK) Guidelines with practical experience of use of AED on manikin

At the end of this lesson, learners should:

- Understand the basic principles of how the human heart works
- Understand the characteristics of normal and abnormal heart rhythms
- Understand the first treatment to be given to a diving casualty suffering from cardiac arrest.
- Understand the basic principles of how a defibrillator works

For all RLSS UK First Aid qualifications, learners **MUST** be 16 years of age at the completion of the final assessment.